

Proud To Be A Farmer's Daughter

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Did you know that 97% of farms in the United States are family owned? It is recommended daily that we get three servings of dairy products. By helping on our farm, I am a small part of getting milk onto tables across America! These simple facts make me proud to be raised on a dairy farm, part of the dairy community and a farmer's daughter.

I love all of what being a farmer's daughter entails. I get to smell the fresh air, the sweet smell of fresh-cut alfalfa and witness a pretty sunrise or sunset. I am surrounded by my loving family all day and my mom and dad are there when I get off the school bus.

Living on a farm allows me to be an active 4-H member. I am able to compete with my friends at the county fair and exhibit my projects that I have worked on. I get to witness the entire life cycle of an animal from birth to death. Nothing is more special than watching a calf being born, then picking out a name and forming a bond with them.

I enjoy speaking up for agriculture at school. I even had the chance to be on TV encouraging my friends to drink more milk and eat more dairy products! It is important to be physically active, and living on a farm, I have all the space I need to run and play with my sister and brothers. I also learn responsibility by doing my chores outside and in the barn.

I feel a lot of pride knowing that our family is providing nature's most perfect food, milk, for America. I am so proud to be a farmer's daughter and part of the dairy community. Happy June Dairy Month!