

Skinnier Buffalo Chicken Dip

- 3 boneless chicken breasts
 - 16 oz. sour cream
 - ½ cup buffalo sauce
 - 8 oz. neufatel cheese, softened
 - 8 oz. package of Mexican blend shredded cheese
 - 1 tablespoon of white vinegar
 - 1 teaspoon of granulated garlic
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1. Make the shredded chicken
 - a. Season chicken with salt and pepper. Let it sit for 30 minutes in fridge.
 - b. Boil salted water and add the chicken
 - c. When the chicken is cooked through, remove from water.
 - d. Shred using forks or meat claws
 2. Combine all ingredients in a large bowl.
 3. Spray slow cooker with non-stick spray.
 4. Add mixture to slow cooker.
 5. Cook on low for 4 hours, removing slow cooker top and stirring at 3.5 hours

Serve with tortilla chips or fresh veggies.